HE CALLED IT LOVE CARDS

FROM SURVIVING TO LIVING

30 signs you're not who you were.

You won't notice you're healing. This is your proof.

— from He Called It Love

WINS 1–10

– You laughed and didn't apologize for it.

– You bought the good coffee. No reason.

– You went a whole day without checking his location.

Iconic behavior.

– You said no and hung up before he could argue.

– You wore the outfit. No permission slip required.

– You caught yourself humming in the shower.

– Your phone buzzed and your stomach didn't drop.

– You made plans and didn't run them by anyone.

– You slept eight hours and didn't dream about him once.

– A whole day went by and he never crossed your mind.

WINS 11–20

– You ate because you were hungry, not because it was "allowed."

– You said what you actually thought, out loud, in real time.

– You canceled plans and felt zero guilt about it.

– You caught your reflection and didn't flinch.

– You laughed so hard you cried, for a good reason this time.

– You messed up and nobody made you pay for it.

– You bought something dumb and small just because it made you happy.

– You told someone the truth about how you're really doing.

– You rested. Just because. No permission needed.

– You changed your mind and it wasn't a whole thing.

WINS 21–30

– You said "I don't know" and the world didn't end.

– You took up the whole bed. On purpose.

– You didn't say sorry for something that wasn't your fault.

– You made plans a month out, like you'll actually be there.

– You were bored. Not braced. Just bored.

– You danced around your kitchen like an idiot.

– You got excited about something small and let yourself feel it.

– You went somewhere just because you wanted to see it.

– You forgot to check your phone for an hour. On purpose.

– You realized you're not surviving anymore. You're living.

KEEP GOING

Thirty wins isn't the finish line.

It's just proof you're still in here somewhere.

Keep going.